

FREE

Ages 10
& up

FEBRUARY IS AMERICAN HEART MONTH



HAVE YOU LISTENED TO YOUR HEART LATELY?
REGISTER FOR ONE OF OUR HEART CHECK CLASSES TO LEARN
ABOUT HEART HEALTH AND THE IMPORTANCE OF KNOWING
YOUR NUMBERS. ATTENDEES WILL ALSO LEARN HOW TO
PERFORM HANDS-ONLY CPR.

ATTENDEES WILL NOT RECIEVE CPR CERTIFICATION AT THIS CLASS.

Register at one of our participating locations.

February 13 at 3:00pm

Ridgeway Branch Library 276.956.1828

February 20 at 3:00pm

Martinsville Main Library 276.403.5430

February 27 at 3:00pm

Bassett Branch Library 276.629.2426

March 5 at 3:00pm

Patrick County Branch Library 276.694.3352

March 12 at 3:00pm

Collinsville Branch Library 276.647.1112

INSTRUCTOR : MARGARET PERKINS- LPN AND CERTIFIED FIRST AID AND
CPR INSTRUCTOR FOR NATIONAL SAFETY COUNCIL